

## Improving Health Outcomes with Integrated Physical and Behavioral Healthcare

*A Conference co-sponsored by DHHS and APS Healthcare*

*March 18, 2010 - Augusta Civic Center*

Our goal is to promote increased integration of physical and behavioral healthcare in Maine by highlighting current and planned DHHS policy/initiatives as well as successful integration models in practice.

8:00 AM – Registration and Coffee

9:00 AM - **Welcome**, *Eric Meyer, LCSW, MBA – Executive Director, APS Healthcare, Maine*

9:15 AM – **Opening Remarks** – *Brenda Harvey, Commissioner, Maine DHHS*

9:30 AM – **Keynote**, *Ruth Katz, Deputy with the US HHS Office of Disability & Long Term Care:*

### **A National Perspective on Integrated Physical and Behavioral Healthcare Policy**

10:30 AM – Break

10:45 AM – Breakout Sessions:

#### **a) A Vermont Solution to Improve Healthcare for Medicaid Beneficiaries**

*Marietta Scholten, MD - Medical Director VT Chronic Care Initiative*

The Vermont Chronic Care Initiative reinforces the PCP's medical plan of care, provides patient education and ability to manage their chronic condition. This presentation will highlight how this initiative promotes both improvements in patient health as well as healthcare system cost reductions.

#### **b) Psychiatry Integrated Primary Care: "Getting it done"**

*Trip Gardner, MD and Lisa Buck, MD - Penobscot Community Health Center*

PCHC promotes the integration of physical and behavioral health, as a community health center (FQHC) model. This model meets both goals of a holistic clinical mission and maintaining financial viability for public psychiatry integrated into primary care.

#### **c) Uniting the Mind and Body: State and National Trends and Evidence-Based Practice in Integrated Care**

*Barbara Leonard MPH, Vice President for Programs; Becky H. Boober, Ph.D., Program Office; Laura Ronan, MPH – Maine Health Access Foundation*

This session will explore the essential elements of quality integrated care, current models of innovative and best integrated practice, summarize key national and state integrated care initiatives, and discuss policy issues related to implementation. Participants will have an opportunity to experience tools to access current and desired levels of integrated care.

#### **d) Psychiatrists Support Primary Care: Programs from the ME Assn of Psychiatric Physicians**

*Ben Crocker, M.D., David Moltz, M.D. and Lynn Ouellette, M.D.*

This session will provide an overview of two models of integration: The Consultation Project and the Post Partum Depression Project. The presenters will describe both the strengths and challenges of each model, as well as the individual development of consultative relationships with primary care providers.

Noon – Lunch

12:30 PM – **Luncheon Keynote – Jerry Vaccaro, MD, President - APS Healthcare: A National Perspective on Integrated Physical and Behavioral Healthcare in Practice**

1:30 PM – Break

1:45 PM – Breakout Sessions:

**a) The Maine Patient Centered Medical Home Pilot: An Opportunity to Promote Behavioral Health Integration in the Primary Care Community**

*Lisa Letourneau, MD MPH, Executive Director - Quality Counts and*

*Brenda McCormick, Director, Division of Healthcare Management - MaineCare*

This session will provide an overview of the Maine Patient Centered Medical Home Pilot. This pilot is working to improve the health of Maine people through strengthening and sustaining our primary care system. This session will highlight the expectations of pilot practices with an emphasis on steps to improve behavioral health integration.

**b) Primary Care Mental Health Integration: Key Components and Lessons Learned**

*Mary Jean Mork, LCSW and Cynthia Cartwright MT RN MEd - Maine Health's Primary Care Mental Health Program and Sandra Fritsch MD and Renee Leavitt OT/LMS - Maine Medical Center Department of Psychiatry*

This session will describe key components of integration and lessons learned from working with over twenty primary care practices. The complex challenges of developing new processes, relationships and skills among a wide variety of practitioners across the Maine Health system and mental health partners will be reviewed.

**c) A Maine DHHS Perspective of Integrated Physical and Behavioral Healthcare**

*Elsie Freeman, MD, Maine DHHS*

Dr Freeman is a leader in Maine and within DHHS who has long championed the need for integration of physical and behavioral healthcare. Her presentation will highlight both current research and current practice trends.

**d) AMHC's Integrated Service Approach**

*Jamie Owens, MSB, Director of Marketing and Development, Aroostook Mental Health Center*

This session will provide a review of AMHC's integration model for people served in a health clinic and a behavioral health clinic setting, special emphasis will be placed on the vision of this community mental health center.

3:00 PM – Refreshment Break

3:15 PM – **DHHS Leadership Plenary Panel Discussion: DHHS Initiatives to Promote the Integration of Physical and Behavioral Healthcare.** *Facilitated by Eric Meyer*

*Dora Ann Mills MD, Director CDC; Kathy Bubar, Director Office Integration; Rod Prior MD, Med. Dir. MaineCare; Brenda McCormick, Director Health Care Mgmt, OMS; Guy Cousins, Director OSA; Joan Smyrski, Director CBHS-Child & Family Services; Dan Despard, Director Child Welfare-OCFS; Ron Welch, Director Adult Mental Health Services.*

4:30 – Adjourn